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Celebrity p/14

Paris says boyfriend helped her to grow up

Pro fighters Tasered, beaten in hotel room

ASSAULT A 28-year-old man is in a coma today after he and others were beaten and Tasered by a group of about 10 men in a Gatineau hotel room early yesterday morning.

Six other people were injured, two seriously, after a group of men entered a room at the Best Western Hotel at 125 Laurier St. at about 4 a.m., where they allegedly Tasered, kicked and beat the victims with broken bottles and their fists, said Gatineau Police Lieut. Claude Vaillancourt.

There were seven victims in the incident. Of the seven, one is in a coma and two others were taken to hospital, treated and released.

All seven victims were affiliated with an ultimate fighting tournament that was held in Hull on Saturday night, said Vaillancourt.

By the time police arrived, the suspects had fled the scene. The victims were not robbed.

"That is not the cause," said Vaillancourt. "Something happened the night before."

Several of the victims were professional mixed martial arts fighters, said Vaillancourt. Their names are not being released.

Police have no suspects at the moment. The investigation continues. TRACEY TONG/METRO OTTAWA

Beijing page 7

Retiree gets back in the Games

Pink Week page 8

Nation dons pink to fight cancer

ETIENNE RANGER/FOR METRO OTTAWA

Kevin Marshall keeps his eye on the play while being checked during the first red-and-white game during Team Canada's development camp last night at the University of Ottawa. Local interest in the world junior hockey championships in Ottawa is building, even with the event still months away.

City sneaks star peek

Junior nationals' development camp attention surprises organizers

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

By the end of the practice yesterday, Geoffrey Marlowe had collected 18 autographs from the players at Canada's Junior National hockey team development camp — all of them on his replica Toronto Maple Leafs jersey.

"It's pretty cool. None of them have said no," said Marlowe, a 10-year-old hockey player and a budding collector of autographs who found himself on fertile ground yesterday to enjoy both his indulgences at the University of Ottawa Sports Complex.

Marlowe was one of more than 200 hockey fans who attended the camp's practice yesterday. His mother said the family would try to take in one of the three red-and-white games slated during the camp — the first of which ran last night — since they have so far been unable to score tickets for the world championships games being held here in December.

Hockey Canada announced in January that it had already sold out more than 440,000 tickets, or 95 per cent of tournament capacity, for all Ottawa games.

It's early yet, but the development camp and scrimmages being held in Ottawa are already getting local hockey fans pumped for the nirvana that awaits them starting on Boxing Day 2008, when Ottawa hosts the world junior championships.

Watching the NHL stars of tomorrow today is always a draw for hockey-mad Canadians.

"It's something to see how fast they are moving," said Chris Menchetti, who brought his son Michael and nephew Alex to watch practice yesterday. "They're so quick and they don't stop, they just keep going."

Tourney organizers are loving the attention.

"It's the middle of summer. Most people are thinking about a lot of things other than hockey," said Scott Salmond, Hockey Canada's director of men's national teams, said yesterday. "So to fill this arena for an inter-squad game is amazing."

The players are enjoying their Ottawa test run, too. On the last night of camp the team plans to take in the Sound and Light Show on Parliament Hill and sign autographs.

Coach's Corner

- The players will have two more chances to impress head coach Benoit Groulx, with another inter-squad game scheduled for tonight and on Tuesday.

After practice yesterday, Groulx said the final roster is still a long way off from being selected and that no one's spot is guaranteed.

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Drug sweep results in 20 arrests
Ottawa police charged 20 adults with 89 criminal offences following a Street Crimes Unit sweep of traffickers in Vanier over the weekend. Charges ranged from possession of proceeds of crime, to trafficking in controlled substances and breaching conditions. METRO OTTAWA

Ottawa

City issues beetle warning

The emerald ash borer, left — a destructive Asian beetle — has been discovered in Ottawa at a stand of ash trees near St. Laurent Boulevard and Ogilvie Road, the City of Ottawa said in a news release on the weekend. The city says the public should avoid transporting firewood to fight the beetle's spread.

Chamberfest — remixed

Dance, tech get their due at updated chamber music event

TRACEY TONG
tracey.tong@metronews.ca

Thousands of music lovers lined up for hours outside city churches to get the best seats during a successful first weekend of Chamberfest.

"We're thrilled," Glenn Hodgins, executive director of the Ottawa Chamber Music Society, said yesterday. "We were near capacity for virtually every show."

It's still the same music fans have come to expect, but with added appeal for dance enthusiasts and technophiles as the world's biggest chamber music festival returned to Ottawa over the weekend.

"We're calling it Chamber Music Remix," Hodgins said of the 15th edition of the Ottawa International Chamber Music Festival.

More than 45,000 people are expected to attend the festival, which runs through Aug. 9. Most of the 130 performances take place at downtown churches, but some at the Museum of Civilization will incorporate dance and others will have multimedia components, such as video projection.

ETIENNE RANGER/FOR METRO OTTAWA

Clockwise from top left, Jonathan Morose, 17, Melissa Desjardins, 19, Audray Boisvin-Laframboise, 21, and Riccardo Del Castello, 18, of the Gatineau Conservatory Trombone Quartet practise before a weekend Chamberfest concert at Ottawa's St. Andrew's Presbyterian Church on Kent Street.

"We were looking for new ways to work with the art form," said Hodgins. "Chamber music is an ever-growing, adapting art form. It doesn't live in a box."

While chamber music fans are people of all ages, organizers are also hoping to draw younger audiences this year with Late Night at the Legion, which plays "edgier" chamber music every night of the festival at the Kent Street Legion.

"It will bring artists into a more relaxed setting," said Hodgins. "You can have a drink and engage with the artists."

The series will include nine premium concerts. The opening night performance by Isabel Bayrakdarian drew more than 1,000 people.

Written for small ensembles, chamber music has an intimate quality because it's intended to be performed in a small space with a small group of performers.

The festival "really puts Ottawa on the map" because of its range of artists and reputation, said Hodgins. "It's the biggest of its kind in the world."

While tickets are available at the door for many shows, Hodgins suggested buying them in advance for the more popular shows by Louis Lortie and Quartetto Gelato.

"They're going to be sold out," he said.

Sharing culture aim of Turkish showcase

TRACEY TONG
tracey.tong@metronews.ca

FESTIVAL Music, dancing, art demonstrations and whirling dervishes were all part of the second annual Turkish Festival, held at Ottawa's Confederation Park over the weekend.

More than 5,000 people attended the free festival, which was such a success last year that it was expanded from one day to two.

"We're very happy with how it went," said festival organizer Mustafa Sezer. "We were really happy to share what we have with Ottawa."

While Turkish folk dancers and live traditional, folk and pop music— including headliner Toronto group Murat Toi — were festival staples, festivalgoers also flocked to watch ebru, a water marbling demonstration.

"It's a unique art form on paper and people get a kick out of how it's done," said festival spokesman Kerim Khan.

"It takes a lot of patience," said Fatma Sahin of the popular art. "It takes a lot of years to learn it."

Art, handcrafts, jewelry and, of course, food were sold at the event.

"The longest lineup was for gozleme — a Turkish pancake — that ladies made right there in front of people," Khan said.

Many people also came for the baklava (a Turkish dessert) and coffee, said Sezer.

"A lot of people came for the food," he said. "It was a good chance to try it."

Many of the people attending the festival were not of Turkish descent, said Sezer.

"That's the beauty of the festival," he said. "It was our intention to share our culture with everyone."

"A lot of people came for the food."
Mustafa Sezer, festival organizer

The incredible whirling dervish

Traditional dance a form of meditation

• "Did you see that guy go?" asked Claire Fortin, after watching a performance by a whirling dervish at the Turkish Festival yesterday.

"I get dizzy just watching him."

Apparently, a lot of people say that, said whirler Amine Rouissi, who performed the traditional dance yesterday.

Hundreds gathered at Confederation Park to watch Rouissi in action.

Rouissi guesses that many people came out to the festival just to see the whirling performances because they are so well-known.

"We're starting to see more whirling dervishes in Toronto and Montreal, and it's just starting to come to Ottawa," Rouissi said.

Whirling is a form of meditation that originated through the School of Sufism. Whirling is a symbolic ritual where the individual gets rid of the negative aspects of their lives, including anger, while opening themselves to life and love.

How long the practitioner has to whirl before going into a meditative state depends on the person, he said.

Rouissi has been practising whirling for a few years. He can whirl for up to an hour and a half.

The appeal for audiences is simpler than that.

"It's entertaining," said Rouissi. "Many people don't know how it's possible without falling down."

TRACEY TONG/METRO OTTAWA

TRACEY TONG/METRO OTTAWA

Montreal's Amine Rouissi performs the whirling dervish at Ottawa's Turkish Festival yesterday. Many people came out just to see the traditional dance.

Gunshots prompt investigation

FIREARMS The city's Guns and Gangs Unit is investigating reports of multiple gunshots fired in the area of Arlington Avenue near Bronson Avenue just before midnight on Saturday.

Witnesses reported to police that several males were seen running from the scene after an argument. Investigators recovered several empty casings. There were no reports of injuries and the suspects have not yet been identified.

Anyone with information is asked to contact district investigators at 613-236-1222, ext. 5166.

METRO OTTAWA

Autopsy results expected today

DEATHS Gatineau police are awaiting the autopsy results for two women found dead in the same apartment building on Thursday.

Police are expecting the results from the autopsies, which were done in Montreal over the weekend, to arrive today, said Gatineau Police Lt. Jean-Francois Beauchamp.

The bodies of two women, ages 64 and 53, were discovered in a Gatineau apartment building on de Malartic Street within hours of each other Thursday.

"We consider it suspicious because within a very short time, two bodies were found in the same apartment complex," Beauchamp said.

The results from the autopsies will be forwarded to the major crime unit, said Beauchamp.

TRACEY TONG/METRO OTTAWA

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What's online today.

Check out exclusive photos from B.C.'s rockin' Pemberton Festival
Read today's news highlights in Metro Snapshot
Watch MetroTube of the Day – video you need to see
Search for jobs using Metro's Workopolis search
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Local iPhone teardown an internet hit
Two Ottawa engineers' teardown of the newly released iPhone G3 device last month has garnered 50,000 hits on YouTube. Allan Yogasingam and Greg Quirk also plan a teardown of RIM's BlackBerry Bold, which they expect will attract a large online audience. SOURCE: CTVOTTAWA.CA

No time for transit to get 'cold feet'

OnTrack

Nadine Doolittle
nadine.doolittle@metronews.ca

Whew. I had this really bad dream last night.

I dreamt that there was no money left for light rail after it had all been spent on busways and then someone announced that the proposed downtown tunnel was still 10 years away.

Oh, crap.

The week in review:

July 24 — Councillor Clive Doucet issues a press release stating that the "Deputy City Manager confirms no tunnel for at least seven to 11 years — and special tax levy required. City's matching funds are no longer on table for any rail project."

July 25 — It surfaces that council is less than unified on the subject of transit. Words like "sour grapes" are bandied about as Coun. Rainer Bloess pits wits with Coun. Doucet at competing press conferences.

If you are reading this on a crowded bus hurtling down the Transitway you are no doubt appreciating the significant rise in OC Transpo's ridership with no relief in sight. As Coun. Peter Hume says in an excellent example of understatement, "… we can't afford to dally on this."

Transit committee chair Alex Cullen concurs. "This town is choking."

So why is Mr. Doucet sounding the alarm? Implementation of the transit plan, for one thing.

Council will vote this fall on what parts of the transit plan it wants to proceed with first. Meaning this choking town may not get a tunnel for quite some time if councillors balk at their place on the list.

"I dreamt that there was no money left for light rail after it had all been spent on busways and then someone announced that the proposed downtown tunnel was still 10 years away."

Another inkling of trouble comes from Coun. Bloess, who states there is plenty of light rail in the plan but it's easier to move forward with buses and expanding the Transitway than building an entirely new system. And the special tax levy Doucet referred to? That will be an election issue for the next term of council.

It's irrelevant how much rail is in the plan; it's how much that gets into the ground that counts.

This is no time for council to get cold feet.

Funds not earmarked for light rail will evaporate into busways leaving Ottawa's transit system further and further behind, dreams of future federal funding notwithstanding.

Governments tend to come and go, and buses in the downtown core are currently the problem, not the solution.

More of the same is not the answer.

Wake me when it's over.

Nadine Doolittle is an award-winning writer and a public transit user for the past 35 years.

Olympics **Lucky Loonies**

ETIENNE RANGER/FOR METRO OTTAWA

Chantale Streeting, 21, of Ottawa tosses her lucky loonies after a weekend coin exchange at Ottawa's Royal Canadian Mint boutique. Ten million 'Lucky Loonies' have been produced for Canadians to carry as good luck charms for their Olympic and Paralympic athletes competing in Beijing.

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STEP BY STEP

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A Capital Weekend is a collection of images reflecting the weekend that was in Ottawa-Gatineau.

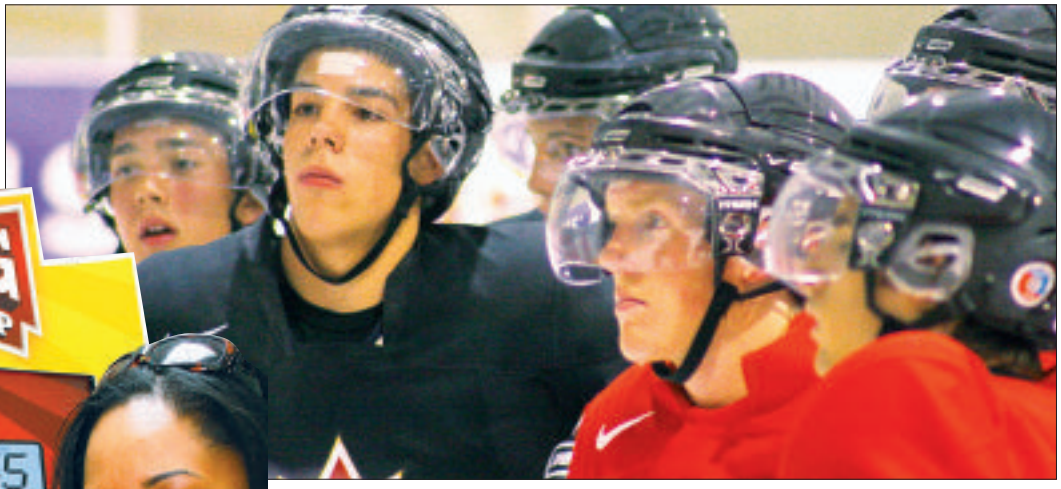
A Capital Weekend

Fights and sights

Above: Robin Black, the former glam rocker and MTV VJ, dropped the mic to throw down the fists against Chris Myra at the Freedom Fight Title Quest event held at Robert Guertin Arena on the weekend. The bout ended in a second-round loss for Black.

Left: Rebecca Plumadore, 22, dives in the sand to keep the play alive during the Bump-n-Smash Volleyball charity event at Scotiabank Place on Saturday. A fleet of dump trucks delivered 2,000 tonnes of fine beach sand to create beach volleyball courts in the arena parking lot.

Andrea McMullen, 18, practises her texting skills with fellow texter Nellana Carballo, 24, before competing in their respective time trials during the regional qualifiers of the first annual LG Canadian Texting Championships held at the St. Laurent Centre on the weekend.



Above: Forty-four Canadian national junior team hopefuls were split into two teams during Hockey Canada's development camp on the weekend. Red-and-white games began Sunday night and continue today and Tuesday. All games start at 6 p.m. at the University of Ottawa Sports Complex.

Left: The KUD Djerdan dance group performs a traditional dance routine for the hundreds in attendance during the Turkish Festival at Confederation Park on Saturday.

Etienne Ranger Photos /for Metro Ottawa

Cambodian ruling party claims election victory
The ruling Cambodian People's Party claimed an expected victory in yesterday's general election, giving another five years in power to ex-Khmer Rouge guerrilla Hun Sen, prime minister for the last 23 years. The CPP was on course to win 80 of the 123 seats. REUTERS

Canada/World

And baby makes it 18 kids

ANDREW KING
for Metro Canada

REQUESTS As if Livia Iounce didn't already have her hands full after giving birth to her 18th child last Tuesday, she and her husband have been inundated with media requests from around the world.

"I'm doing well and the baby … is doing well," she said from her home in Abbotsford, B.C. yesterday.

Baby Abigail joins nine sisters and eight brothers who range in age from 20 months to 23 years old.

Livia, 44, said she and her husband, Alexandru, 51, have only depended on each other and their children to raise such a large family.

She said her oldest children, who now live in their own apartments across the street, come home often to lend a hand.

The couple, who have called Canada home since moving from Romania in 1990, aren't sure if Abigail will be their last.

RENEE JOHNSTON/TORSTAR NEWS SERVICE

Josh Sutherland, a University of Toronto law student, aims to tour five native reserves in B.C., Alberta and Saskatchewan in August to promote the idea of law school to native teens.

Pitching the law

Josh Sutherland is a University of Toronto law student whose grandmother is Ojibwa — which makes him Métis, an aboriginal.

The 25-year-old adventurer has decided to use a bike to travel 1,700 kilometres between five native reserves in British Columbia, Alberta and Saskatchewan in August to promote the idea of law school — but he hasn't ridden a bicycle in 15 years.

"I figured if I show up on a reserve by car, they'd probably think I was lost."
Josh Sutherland

"I figured if I show up on a reserve by car, they'd probably think I was lost, but if I arrive by bicycle with my helmet and jersey and sunglasses and loaded down with saddle bags on front and back, it will break the ice and catch the kids' attention," said Sutherland, who has been madly training for three weeks. He will fly out Wednesday to Vancouver.

TORSTAR NEWS SERVICE

India on alert after 2 days of bombings

SENSITIVE India's big cities were put on high alert yesterday, with fears of more attacks after 46 people were killed in two days of bombings that hit a communally sensitive western city and a southern IT hub.

At least 16 bombs exploded in Ahmedabad in Gujarat state on Saturday, killing 45 people and wounding 161, a day after another set of blasts in Bangalore killed a woman.

Two more unexploded bombs were found in the city of Surat yesterday.

There were two separate series of bombings in Ahmedadad, the first near busy market places. A second quick succession of bombs went off 20 minutes later around a hospital. REUTERS

Claims

- A little-known group called the Indian Mujahideen claimed responsibility for the Ahmedabad attack.
- The same group said it carried out bomb attacks that killed 63 people in the city of Jaipur in May.

13 killed in Istanbul blasts

BOMBS Thirteen people died and up to 100 were wounded yesterday when two bombs exploded in a busy Gungoren shopping district in Istanbul.

The victims were killed by the second explosion after a small blast in a telephone kiosk brought people out onto the street, NTV television news said.

"First a percussion bomb exploded and then a bomb in a garbage container exploded," Deputy Prime Minister Hayati Yazici said. REUTERS

Church shooting leaves one dead

SHOTGUN A man opened fire with a shotgun in a church in Knoxville, Tenn., yesterday, killing one person and wounding several others. He was tackled by congregation members. REUTERS

Qantas to inspect oxygen bottles

EMERGENCY Qantas was ordered yesterday to check all oxygen bottles on its fleet of Boeing 747s after an explosion ripped a hole in a Qantas 747, forcing it to make an emergency landing at Manila. REUTERS

Business

Apple CEO's life not at risk: Report

HEALTH Apple Inc CEO Steve Jobs does not have recurrent cancer or a life-threatening health issue, The New York Times reported on Saturday. In 2004, Jobs, 53, had surgery to remove a rare type of pancreatic cancer. Last month a thinner-than-usual Jobs introduced the latest iPhone. REUTERS

Steve Jobs

Imports form quarter of vehicle market, analyst says

TRADE Auto imports in Canada and the U.S have climbed to their highest levels in two decades, providing union leaders with more ammunition for government intervention.

Canadian and U.S. sales of vehicles from other countries have risen steadily in the past decade to more than 25 per cent of the market this year, according to DesRosiers Automotive Consultants.

The union has called for government intervention to press for fair access to foreign markets and force offshore companies to build more plants here.

The change supports arguments by the Canadian Auto Workers union and some companies that imports are flooding the continent while their home countries put up trade barriers to curb sales of North American-made vehicles.

TORSTAR NEWS SERVICE

In brief

SATELLITE RADIO Sirius Satellite Radio Inc.'s $3.3 billion US purchase of XM Satellite Radio Holdings was approved with conditions by U.S. communications regulators Friday, clearing the way for a deal that will leave just one U.S. satellite radio service.

WTO TALKS The United States said on Saturday it was ready to talk about giving more temporary access to its labour market for foreign professionals, a big demand of some developing countries in world trade talks in Geneva. REUTERS

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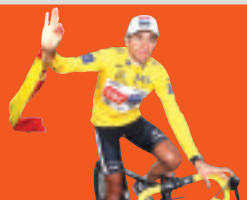
Baseball

The Ottawa Rapidz cracked a season-high 20 hits in an 18-7 win over the New Jersey Jackals yesterday to complete a four-game sweep. Jabe Bergeron lead the way for the Rapidz going 4-4, with three RBI and four runs scored. METRO OTTAWA

Sports



Spaniard delivers three-peat

Carlos Sastre, left, became the third successive Spaniard to win the Tour de France yesterday. Sastre's victory follows triumphs for Oscar Pereiro in 2006 and Albert Contador last year. Australian Cadel Evans finished second overall, 58 seconds behind Sastre, who effectively secured victory on Saturday after resisting Evans in the decisive time-trial. Reuters

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Rookie claims Open title

Weir continues solid play, but can't end Canadian champion drought

American Chez Reavie overcame an early wobble to card a final round 70 and clinch his maiden PGA Tour title with a three-shot victory at the RBC Canadian Open yesterday.

Reavie, who had had just one top-30 finish in 21 starts during a tough rookie season, began the final round with a one-shot lead over compatriot Anthony Kim.

He bogeyed two of his three opening holes but grimly fought back to seal victory with a birdie at the last for a 17-under 267 winning total.

Mike Weir of Bright's Grove, Ont., bidding to become the first Canadian in 54 years to lift the national title, finished five strokes behind Reavie in a tie for fifth but ignited the home crowd with a late charge including birdies on two of his three final holes.

Billy Mayfair, bidding for his first PGA Tour win in a decade, started the day five behind the leader and had cut the deficit to two with two to play.

But he could get no closer, signing for a three-under 68 to finish alone in second on 14 under.

Americans Sean O'Hair (68) and Steve Marino (70) were one shot further adrift on 271.

Kim, chasing his third PGA title of the season, stayed in contention until a back-nine collapse with bogeys at 11, 17 and 18 dropped him back to 11 under.

"I didn't feel comfortable until I hit my third shot on the green on 18," Reavie told reporters. "That's when I relaxed and said, OK, I've got it."

Reavie had to work overtime to get his win, the PGA Tour rookie forced back early to Glen Abbey yesterday morning to play the final two holes of his weather-hit third round.

He carded a birdie at the par-five 18th to claim his one- stroke advantage.

When final round play got underway the lead quickly disappeared with bogeys at the first and third.

But the 26-year-old steadied himself, picking up shots at four, nine and 10.

DAVID COOPER/TORSTAR NEWS SERVICE

Chez Reavie of Scottsdale, Ariz, claims the RBC Canadian Open trophy yesterday at the Glen Abbey Golf Club in Oakville.

"I was actually surprised at how calm I was out there today," Reavie said. "Obviously, that was my goal, but I had never been in that situation, so I didn't know what to expect.

"I just managed to stay patient. I never pressed. Even when I made two bogeys early, I just kept with my game plan."

The $900,000 US winner's cheque more than doubled Reavie's career earnings and clinched him an invitation to the Masters and a spot in next month's PGA championship at Oakland Hills.

REUTERS

White-hot Nadal wins Rogers Cup

TENNIS Rafael Nadal continued his drive towards Roger Federer's No. 1 ranking with a 6-3, 6-2 win over Nicolas Kiefer in the Rogers Cup final yesterday.

The 22-year-old Nadal, playing his first event since an epic five-set victory over Federer in the Wimbledon final on July 6, claimed his seventh title in 2008 by winning his fifth final in a row since mid-May.

REUTERS

Sports in brief

MLB Relief pitcher Rich "Goose" Gossage was inducted into the Baseball Hall of Fame yesterday. The right-hander compiled 310 saves and was 124-107 with a 3.01 earned run average for the Chicago White Sox, Pittsburgh Pirates, New York Yankees, San Diego, Chicago Cubs, San Francisco, Texas, Oakland and Seattle.

MLB Jarrod Washburn tossed eight innings of one-run ball as the Seattle Mariners avoided a three-game sweep at the hands of the Blue Jays with a 5-1 victory yesterday in Toronto.

METRO NEWS SERVICES

SCOREBOARD

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE
Baltimore 5 L.A. Angels 2
Detroit 6 Chicago White Sox 4
Kansas City 6 Tampa Bay 1
Minnesota 4 Cleveland 2
Oakland 6 Texas 5
Seattle 5 Toronto 1
N.Y. Yankees at Boston

NATIONAL LEAGUE
Arizona 7 San Francisco 2
Chicago Cubs 9 Florida 6
Colorado 11 Cincinnati 0
Houston 11 Milwaukee 6
L.A. Dodgers 2 Washington 0
N.Y. Mets 9 St. Louis 1
Philadelphia 12 Atlanta 10
San Diego 3 Pittsburgh 1

TONIGHT'S GAMES

AMERICAN LEAGUE
L.A. Angels at Boston, 7:05
Baltimore at N.Y. Yankees, 7:05
Detroit at Cleveland, 7:05
Tampa Bay at Toronto, 7:07
Seattle at Texas, 8:05
Chicago Sox at Minnesota, 8:10
Kansas City at Oakland, 10:05

NATIONAL LEAGUE
Colorado at Pittsburgh, 7:05
N.Y. Mets at Florida, 7:10
St. Louis at Atlanta, 7:10
Chicago Cubs at Milwaukee, 8:05
Cincinnati at Houston, 8:05
Arizona at San Diego, 10:05
San Francisco at L.A. Dodgers, 10:10

CFL

WEEK 5

LAST NIGHT'S RESULT
Saskatchewan 28 Toronto 22

FRIDAY'S RESULTS
B.C. 36 Montreal 34
Edmonton 19 Hamilton 13

THURSDAY'S RESULT
Winnipeg 32 Calgary 28

BASEBALL

CAN-AM LEAGUE GAMES FEATURING THE OTTAWA RAPIDZ:

YESTERDAY'S RESULT
OTTAWA 18 New Jersey 7

TONIGHT'S GAME
OTTAWA at Atlantic City 7:05

LOTTERIES

Friday, July 25, 2008
Lotto Super 7 4, 5, 28, 29, 32, 39 & 40. Bonus 8.
Pick-3 6 1 0
Pick-4 1 0 7 6
Encore 1304980
Daily Keno 6, 10, 12, 13, 19, 35, 36, 38, 43, 46, 47, 49, 50, 54, 56, 58, 61, 64, 65, 69.

Saturday, July 26, 2008
Lotto 6/49 2, 6, 20, 23, 38 & 45. Bonus 24.
Ontario 49 5, 7, 20, 26, 29 & 39. Bonus 21.
Lottario 14, 15, 16, 34, 41 & 45. Bonus 27.
Early Bird 2, 12, 21 & 32.
Pick-3 8 0 0
Pick-4 7 8 4 1
Encore 4036717
Daily Keno 2, 5, 21, 23, 24, 27, 30, 32, 39, 44, 50, 52, 59, 60, 61, 62, 63, 65, 68, 70.

Sunday, July 27, 2008
Ontario Pick 3 0 4 3
Ontario Pick 4 0 6 6 4
Encore 8170738
Daily Keno 3, 4, 6, 7, 8, 15, 17, 18, 23, 27, 28, 32, 33, 36, 37, 39, 42, 44, 54, 59.

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Housing
The Olympic village, which will house 16,000 athletes and officials during next month's Games, was officially opened yesterday. REUTERS

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

'It's time to chase the dream'

Olympian Russell rekindles love of canoeing after brief retirement

MATTHEW WUEST
Metro Canada

Andrew Russell's biggest step toward the Olympics came five years ago, when he stepped away from his canoe.

The 25-year-old's unique road to Beijing saw him retire from paddling in 2003 for more than two years to rest chronic shoulder problems and to focus on getting his political studies degree at Queen's University in Kingston, Ont.

"I needed some time to get healthy and reinvigorate my passion for the sport," Russell says. "I needed some time away to realize how much I wanted to get back in a canoe again."

Russell was born with paddling in his blood and virtually grew up on Lake Banook in Dartmouth, N.S. His grandfather and father were both heavily involved in the sport, while all three of his brothers were competitive paddlers.

He first stepped into a canoe at the age of six. When he stepped away 14 years later, it wasn't easy.

"You have something that's part of your childhood and it's engrained in your day-to-day-life, and then you step away from it ... And you really miss it," he says.

With a healthy shoulder and a degree under his belt, Russell decided to give paddling another shot.

"I didn't want to look at things 10 or 20 years from now and ask myself the big, 'What if?'" he says. "It was time to man up and chase the dream."

CANOE-KAYAK CANADA PHOTO
Andrew Russell, front, and Gabriel Beauchesne-Sevigny.

He came back better than ever, but it wasn't easy.

When he came out of retirement, he wasn't on the national team and had no funding to support his training. He spent the first year working at a full-time job while training, often starting his day at 5:30 a.m. and finishing at 8 p.m.

Sometimes, he wondered if it was worth sticking with. But with the help of a sponsor — Remote Access Technologies — he reestablished himself after teaming up with Gabriel Beauchesne-Sevigny.

Within a year, Russell made it back on the national team. That got him funding and a spot at the world championships. Within two years, he and Beauchesne-Sevigny had established themselves as the country's top canoe tandem.

They've won four bronze medals and a silver at four World Cup events over the past 15 months, and qualified for the Olympics earlier this summer. They're looking forward to competing in the C-2 500 and 1,000 metres in Beijing.

Russell never imagined this scenario when he retired.

"I'm just really happy I got back into it," he says. "It's the best decision I've made."

Iraq seeks to have ban overturned

POLITICS Iraq has urged the International Olympic Committee to overturn its ban on the country's participation in the Beijing Games and hopes to meet with the body soon, Iraq's sports minister said on Saturday.

Seven Iraqi athletes — two rowers, a weightlifter, a sprinter, a discus thrower, a judoka and an archer — had won places in Beijing before their country was banned. REUTERS

Tomorrow's lineup

BEIJING'S BAGGAGE An elite international sporting event inevitably comes with host city baggage. Read tomorrow's Metro for more.

10 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

Sea of pink
A sea of pink will unite communities across Canada this week to encourage participation in this year's Canadian Breast Cancer Foundation CIBC Run For The Cure and to raise awareness about breast cancer. METRO NEWS SERVICES

Pink Week

Local businesses join in

As part of Paint Canada Pink Week, which starts today and runs until Aug. 3, Mayor Larry O'Brien will officially declare PCPW at a flag-raising event today, local businesses will pink their windows, and some restaurants will offer pink menus with proceeds going to the Canadian Breast Cancer Foundation.

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Paint Canada for good cause

Initiative aims to raise awareness, funds

The Canadian Breast Cancer Foundation wants pink to become the national colour.

The foundation is launching its Paint Canada Pink Week today, a grassroots initiative all across the country until Aug. 3 to promote its CIBC Run For The Cure Event — the organization's largest annual fundraiser — taking place on Oct. 5.

Nationwide community events will raise awareness about breast cancer in various ways. In Ontario, for example, the CN Tower will be coloured pink and local restaurants across the province will offer pink menus with proceeds going towards the foundation. In the Maritimes, buses will be wrapped with foundation images promoting the October run.

The initiative is volunteer-based, says Sandra Clegg, manager of marketing and communications for the foundation, and you can participate by checking for local events in your area, or by starting one yourself.

This year, the foundation predicts an estimated 22,400 women in Canada will be diagnosed with the disease.

Breast cancer is an issue that connects Canadians from coast to coast: This year, the foundation predicts an estimated 22,400 women in Canada will be diagnosed with the disease — an average of 431 every week. One in nine women is expected to develop breast cancer during her lifetime. An estimated 5,300 women and 50 men will die from it this year.

Intimidating figures, but there's more cause to be optimistic. Significant improvements in research have been made, in part as a result of the foundation's work. Since 1969, incidence and death rates of breast cancer in Canada have declined in women aged 20-39. Survival rates have improved since the 1980s, partially as a result of better screening and treatments. Presently, the relative survival rate for breast cancer in this country is 87 per cent according to the foundation's website, meaning people diagnosed with the disease have an 87 per cent likelihood of living for five years after their diagnosis.

Metro also participated in the fight against breast cancer by running an all-pink edition on May 6 and donating 5 per cent of its advertising revenue for that day towards the foundation.

For more information on breast cancer, visit cbcf.org. METRO NEWS SERVICES

SAUL PORTO/TOP NEWS

Metro Canada Group Publisher Bill McDonald presents Canadian Breast Cancer Foundation National Chair Alison Youngman with a cheque for $40,592.

Runway fashion, with a twist

As part of its partnership with the Canadian Breast Cancer Foundation, Cashmere is launching its fifth annual White Cashmere Collection 2008: A Touch Of Pink, Designing A Future Without Breast Cancer this fall. Eight leading Canadian fashion designers, including David Dixon and Arthur Mendonça, crafted couture dresses from sheets of white Cashmere bathroom tissue.

The limited-edition pink bathroom tissue will be available in October, with 25 cents from every package going to the foundation.

For more, log on to cashmere.ca. METRO NEWS SERVICES

This dress was designed by former Project Runway Canada contestant Lucian Matis.

Dress designs by Arthur Mendonça, above, and Joeffer Caoc, right.

Design by Evan Biddell, winner of Project Runway Canada.

Design by Joyce Gunhouse and Judy Cornish for Comrags.

Breast cancer affects Canadians from coast to coast.

On **Sunday, October 5, 2008**, unite with all Canadians in the Canadian Breast Cancer Foundation CIBC Run for the Cure.

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Natural designs
Earth Tones columnists delve into natural designs. For more, see metronews.ca.

Going Green

Save a tree

According to Greenpeace, if each Canadian household replaced one roll of toilet paper cut from ancient forests with one roll of recycled toilet paper, we could save 47,962 trees in one year.

METRO NEWS SERVICES

'Green' housing market triples in U.S. since 2005

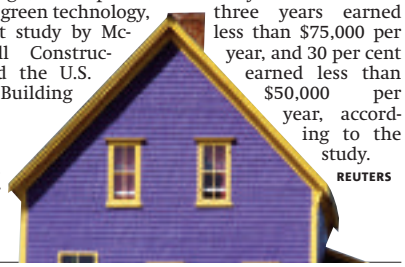
Environmentally-friendly homes, once a luxury reserved for the rich, have become more accessible to middle-class Americans seeking to trim their energy and water bills, according to a study released last week.

Within the last three years, more than 330,000 homes have been built in the United States featuring environmentally-sustainable design, solar power, or other green technology, the joint study by McGraw-Hill Construction and the U.S. Green Building Council showed.

That's 6.2 per cent of all homes being built, triple the percentage in 2005, when 1.8 per cent of new homes were "green."

"The green market is growing everywhere. We are tracking a trend ... the movement is growing across the country, not just at high but at all income levels," said Robert Ivy, McGraw-Hill Construction vice-president and editor.

More than half of green homebuyers in the last three years earned less than $75,000 per year, and 30 per cent earned less than $50,000 per year, according to the study.



REUTERS

Relationships change

ScienceMatters

David Suzuki & Dr. Faisal Moola

Managing our 'home'

• Economics and ecology are based on the same root word, eco, from the Greek oikos, meaning "home." Ecology is the study of home while economics is its management. Ecologists study the conditions and principles that determine the long-term survival of species. It seems obvious that managing our "home" would depend on understanding these conditions and principles.

Life is believed to have arisen on Earth some four billion years ago. DNA probes reveal that humans originated as a species in Africa some 150,000 years ago, which makes us evolutionary infants. For most of our brief time here, we understood that we were deeply embedded in and utterly dependent on nature for our survival and well-being. That reality hasn't changed, but our perception of it has.

For most of our existence, we were nomadic hunter-gatherers, following useful plants and animals through the seasons. Our ecological footprint (the amount of land and water required to fulfil our needs) was slight because when you have to carry everything you own you tend to lug only the bare necessities. People understood and were grateful for nature's abundance and generosity.

About 10,000 years ago, the agricultural revolution signalled a monumental shift in human existence. By deliberately planting and growing food, we could settle in one place and establish roots. Civilizations rose and fell relatively rapidly in evolutionary time, but until the past century, most people lived in rural communities and were involved in growing food.

In the 20th century humankind underwent a profound transformation. From 1900 to 2000, the world's population grew fourfold to six billion people, and cities of more than a million exploded by a factor of 30 to more than 400. More than 80 per cent of people in industrialized nations and more than half the Earth's total population now live in cities. This has resulted in a corresponding change in our relationship with nature.

Nature is the ultimate source of our water and electricity, and nature absorbs our waste. But in our globalized world, we believe the economy takes precedence over nature, a notion a provincial environment minister reinforced when he chastised me, saying, "We can't afford to protect the environment if we don't have a strong, growing economy." We hear it in the many arguments that our efforts to reduce greenhouse gas emissions, although necessary, must not inhibit the economy. But the economy is a human invention, while nature is what all life depends on.

In elevating economics above everything else, we ignore the reality that we live within and make a living from the finite confines of the biosphere — the thin layer of air, water, and soil where all life exists.

Nothing within a finite world can grow indefinitely; there are limits. If we are to find a truly sustainable future, we have to put the eco back into economics.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

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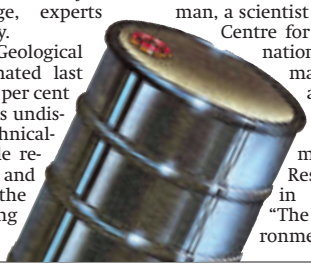
Spills, climate change among Arctic oil risks

Companies seeking oil in the Arctic will need better technology to clean up spills onto ice and could new face hazards such as rougher seas caused by climate change, experts said on Friday.

The U.S. Geological Survey estimated last week that 22 per cent of the world's undiscovered, technically recoverable reserves of oil and gas were in the Arctic, raising environmentalists' worries about possible impact on wildlife.

"The Exxon Valdez showed what a catastrophe can be caused by oil in the Arctic," said Ilan Kelman, a scientist at the Centre for International Climate and Environmental Research in Oslo. "The environment is remote, harsh and vulnerable."



The Exxon Valdez tanker ran aground off Alaska in 1989, spilling 42 million litres of oil off Alaska and killing thousands of birds and marine mammals.

Commercial Arctic oil exploitation began in Canada in the 1920s at Norman Wells but oil companies still lack full technology to handle spills, for instance, if oil seeps into or below ice floating on the sea.

REUTERS

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Funding to boost UVic programs
RBC has contributed $600,000 to support two programs at the University of Victoria focusing on PSE access for B.C.'s Aboriginal community. The donation is going towards the university's Indigenous Student Summer Camp and Indigenous Adult Orientation Programs. METRO NEWS SERVICES

Workology

Chem lab explosion
A female graduate student at the University of Western Ontario was taken to hospital for precaution following a chemical explosion at the school last week. The student was doing lab work in the chemistry building's basement when an adverse chemical reaction occurred. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Keep job romance discreet

Go for it, but it counts to be wary, most experts say

RAFAEL BRUSILOW
for Metro Canada

If there is one thing to keep in mind with office romances, it's to keep it discreet.

Falling in love with someone at work? Go for it, experts say, but stay discreet and be mature about it.

Perhaps the biggest reason workplace romances are relatively common is that for most love-seekers the office is the only place to meet people. Life coach Linda Kaban says any way you look at it, the workplace is actually a rather rich dating arena.

"Because people's lives revolve around work and home, work is the easiest place to meet someone. You have a huge pool to draw on, every type, every level of person and everyone wants the best for themselves," Kaban said.

Kaban's attitude is simple — life is short and chances to find love are often surprising and fleeting, so take the plunge but act like an adult.

"Anything that brings you happiness, go for it. We're all adults, and I believe you have to grab onto happiness when it's within reach," Kaban said.

Suzanne Kavanagh, a former George Brown College human resources professor who supervised studies of workplace relationships, suggests that if you do decide to follow your heart, be discreet and use common sense.

"Personally, I would say keep it private. Once it becomes public it involves the entire department. And what happens when you break up and you have to go back to the office? You've got to be thinking about tomorrow," Kavanagh said.

Of course, when workplace break-ups do happen, the results can be disastrous. Unlike normal break-ups where you can just turn your phone off or discreetly click unwanted e-mails into the trash bin, workplace fallouts can mean having to see and work with your ex on a daily basis. Not everyone can handle that — Kavanagh says one woman walked up dozens of flights of stairs every day for months just to avoid the risk of meeting her former flame in the elevator.

Ultimately though, Kaban suggests bad break-ups can happen anywhere and fizzled romances in the workplace just require more maturity to confront well.

"If you do break up, you have to be an adult about it, or just make everyone miserable," Kaban joked.

While most businesses do have nepotism policies in place to prevent favouritism towards lovers or family members, Claude Balthazard, a director at the Human Resources Professional Association (HRPA), says very few go so far as to ban or even comment on romantic involvements directly.

...OPPOSING VIEWPOINTS...

"Anything that brings you happiness, go for it."
Linda Kaban

"You've got to be thinking about tomorrow."
Suzanne Kavanagh

Balthazard says most companies are concerned only with whether your conduct at work affects your performance negatively or harms the company in some other way, such as funnelling contracts to a vendor you are involved with. Generally, companies will only reprimand employees if their office romance is hurting their performance or harming office morale.

"Most employers don't care much about the relationship part, they care about the work part. If it's going to cloud your judgment or impair your ability to do your work, that's where companies will draw the line. But usually employers don't like to go there unless it's creating a problem," Balthazard said.

Bad-mouthing rampant in higher roles

WORKPLACE Most people have friends at work, but foes could be more prevalent than one might think.

Half of advertising and marketing executives polled by The Creative Group said a colleague has tried to make them look bad on the job. Professionals who are sabotaged by a co-worker shouldn't let the situation slide, according to respondents: Seven out of 10 said it's best to confront the offender directly.

"In advertising or marketing — as with any competitive field — it's not uncommon for people to promote themselves at the expense of others," said Megan Slabinski, executive director of The Creative Group. "How professionals handle these situations can affect their career prospects. While you don't want to come across as a pushover, you also don't want to overreact."

The Creative Group offers tips for discussing sensitive issues with co-workers:

- Give yourself time to cool down. Wait until you are calm to start a discussion.
- Look at the situation from every angle. What were your colleague's intentions? Did you play a role in the problem? Before you confront someone, try to identify his or her motives, as well as any steps you could have taken to avoid the situation. METRO NEWS SERVICES

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Don't be like daddy or mommy

One in four people would not like their children to follow their footsteps into the same profession. Male lawyers were the most despondent, with one-third saying they would not want their children to do the same job. BBC NEWS ONLINE

Where beer flows like ...

OddJobs

Diane Peters

When Mark Hantiuk gets served a bad beer, he doesn't just send it back. He takes the bartender aside and suggests the place stops serving the offending libation.

Once he identifies himself as a 30-year veteran of Labatt Breweries of Canada, the company's current brewery support manager and an expert beer tester, the place usually switches off the keg or yanks the bottles from the fridge.

"I can't enjoy a beer that's not a great beer," says Hantiuk, 50, a confessed perfectionist. Before the airlines changed their rules, he used to bring bottles of tasty discoveries back from his travels. The downside: "I can't go on holiday to a place where they don't have good beer."

He was studying food and nutritional science at the University of Alberta when Edmonton's Labatt brewery advertised for a quality technician for the summer of 1978. Hantiuk knew nothing about beer except that he liked to drink it. "As a young guy, the concept of being a brewmaster was pretty exciting." After graduation two years later, he got hired as a brewer trainee and later an assistant brewer. He went on to be head brewer for the company's Waterloo, Ont., facility (which has since closed down) and then the brewery in London.

"I can't enjoy a beer that's not a great beer."
Mark Hantiuk

Most of Hantiuk's day is spent poring over reports of the 250 lab tests Labatt runs on every batch of beer. Tests measure everything from colour to foam head, all of which can change thanks to the variability of malt, barley, hops and yeast.

Every day around 11:30 — after avoiding food and all drinks except water for the previous two hours — Hantiuk assembles a team in a special room with filtered air and separate cubicle-like booths, and everyone swigs up to seven different beer samples.

The tasters swish, sniff and taste before making notes on 20 different attributes such as aroma, bitterness and aftertaste.

Yes, Hantiuk and his team drink every day, but they gulp little. "If you try to take a large amount and then go to another sample, you'll be less sensitive. Tasting doesn't lend itself to a big drinking session."

The results of the taste and technical tests allow Hantiuk and his team to suggest the brewmaster increase the amount of an ingredient or alter a temperature during the brewing process to make the next batch closer to ideal.

Hantiuk trusts his taste buds when it comes to beer, but perfection is somewhat subjective. "I like to think I'm the beer god, but the reality is there's a team of us, and I use everyone's input."

The Lowdown

Beer Taster

- **Salary:** not available
- **Education:** a general science degree, plus on-the-job training
- **Best part of the job:** "Working for Labatt allows me to pursue my passion, which is discovering the perfect beer. I also take great pleasure in teaching people, whether that's new employees or students, about what makes a quality beer."
- **Worst part of the job:** "There are times when we have a special early morning tasting, which means I have to skip my morning coffee."
- **Favourite beers:** In summer, he likes Blue Light. For winter: Keith's or Kokanee.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Filmmaker Chahine dead

Moviemaker Youssef Chahine has died, just weeks after suffering a brain hemorrhage.
The celebrated director, 82, died at Al Maadi Military Hospital in Cairo, Egypt, yesterday. IMDB.COM

Entertainment

Comeback?

Former talk-show host Rosie O'Donnell is reportedly in talks with NBC to return to television with her own weekly prime-time variety show. EW.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Box office

The top 10 films at the North American box office for the weekend beginning July 25, according to studio estimates compiled yesterday by Reuters:

1. **The Dark Knight:** $75.6 million US
2. **Step Brothers:** $30.0 million
3. **Mamma Mia!:** $17.8 million
4. **The X-Files: I Want to Believe:** $10.2 million
5. **Journey to the Center of the Earth:** $9.4 million
6. **Hancock:** $8.2 million
7. **WALL-E:** $6.3 million
8. **Hellboy II: The Golden Army:** $4.9 million
9. **Space Chimps:** $4.4 million
10. **Wanted:** $2.7 million

REUTERS

Accessories success

InteriorDivine

Ah — God bless the humble accessory, that omnipresent decorative "nugget" without which even the most studiously created project runs the risk of looking somewhat incomplete. We prefer to call accessories "successories" because, used properly, they complete each room.

But what actually constitutes clutter? And how should you 'edit'? Well, clutter, in its truest form, happens when there are too many things dotted around that don't share a 'relationship'. Good accessorizing, however, will add to your home's overall harmony, it should encompass your personal taste and it should only — repeat only — be comprised of things that genuinely matter or have sentimental value.

golden rule

• The golden rule with accessorising is co-ordination or, put even more simply, finding the right piece for the right place. Good luck, and remember; less is more!

Well, whatever your style, your accessories should in some way relate to the colour scheme and overall mood of your home. When dressing projects, we tend to start with our client's choice of books and art, as these tend to be extremely personal and send out strong style signals.

Quantity is also worth considering — invest in a smaller number of larger, more significant pieces; better any time than a gaggle of mismatched ornamentation!

Scale, too, is important so makes sure your chosen piece is the right size for the room — a huge painting could dominate a small environment and look heavy handed and conversely a single smaller picture placed on a large wall could look lonely and insignificant. Clustering smaller artworks can achieve great results but try to establish uniformity either via colour, framing or subject matter.

Soft Accessories

In the bedroom we love to use cushions as a splash of colour and you'll find that a few well-chosen throw pillows will also add character to even the simplest of sofas.

Grouping Accessories

We generally group accessories in odd numbers — 3's, 5's etc — and we try to use items that vary in height from tall, medium and down to small. We don't know why this configuration tends to work best; it simply does.

Colin & Justin's Home Heist airs Tuesdays at 9 p.m., Saturdays at 7 p.m., and Sunday at 2 p.m., on HGTV.

Spears reaches final custody deal

IN COURT Singer Britney Spears will pay $20,000 US a month in child support to ex-husband Kevin Federline for the care of their two children and will make a final payment of $250,000 to his lawyers, according to a final custody agreement filed in court Friday.

The monthly child support payment is a $5,000 increase over what Spears and Federline, a dancer and rap singer, agreed to last year, the court papers showed. REUTERS

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	211	331	3	GTV	ET Canada	Entertainment	Bones (HDTV PA)		House (HDTV PA)		Risk Takers "Stunt Men"		News (N)
	-	-	5	SRC	Des squelettes	Zone	Chère Betty (SC)		Bons baisers de France (SC)		Le Téléjournal (N) (SC)		TJ Ontario
	209	342	6	CHRO	Wheel-Fortune	Jeopardy!	Gossip Girl (HDTV)		Wanna Bet? (N)		Comedy Now (DVS)		News (N)
	196	311	7	CTV	eTalk	Degrassi: Next	High School Musical: Picture		Canadian Idol (Live)		CSI: Miami "Born to Kill"		News (N)
	208	303	8	CBC	Coronation St.	Countdown to	How Do-Maria	City Chase (N)	The Border (DVS)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy!	American Gladiators (N)		Nashville Star (Live)		Dateline NBC		News (N)
	117	713	10	TVA	Qui perd gagne (SC)		Histoires de filles "Les Peurs"		Monk "Monk est juré" (SC)		TVA 22 heures	Sucré-salé	Coeur
	-	-	11	QS	Catherine (SC)	3 x rien (SC)	CSI: NY (SC)		Faut le voir	Drôle et sexy	Cent dix pour cent (SC)		Journal du soir
	137	763	12	TFO	Panorama été	Les Gens de...	Canadian Geographic		*Rien que la vérité, l'horreur ne finit jamais* (1999, Suspense)				Folie-aventure
	-	362	13	CBS	Dr. Phil		Big Bang Th	How I Met	Two/Half Men	Old Christine	CSI: Miami "Born to Kill"		Two/Half Men
	216	395	14	OMN2	Law & Order: SVU		News (N)		News (N)		King	King	Neighbours
	214	344	15	CITY	Friends	Hollywood	American Gladiators (N)		Reaper "All Mine"		The Mole (N)		News (N)
	115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	My Boys	How I Met	Nashville Star (Live)		X-Weighted "Jill"		News (N)
	-	361	20	ABC	News (N)	Entertainment	High School Musical: Picture		Wanna Bet? (N)		The Mole (N)		News (N)
	512	396	24	CPAC	Tête-à-tête	Beyond Poli	À la une		Dossier public				À la une
	651	355	25	CTS	Full House	Facts of Life	Michael Coren Show		100 Huntley Street (N)		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Bones (HDTV PA)		House (HDTV PA)		News (N)		News
	-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow		History Detectives (N)		Chasing Churchill: In Search		Tavis Smiley
	205	312	104	CTV	Degrassi: Next	eTalk	High School Musical: Picture		Canadian Idol (Live)		CSI: Miami "Born to Kill"		News (N)
news	502	390	26	NW	CBC News	Countdown to	The Hour		CBC News: The National		Blue Helmets: Peace.		National
	500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Connected (Live)		Sportsnet Con.
	126	730	28	RDI	RDI en direct	400 fois Qué	Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30	TSN	Interruption	WTA Tennis U.S. Open Series -- Rogers Cup -- Day 1. From Montreal.					SportsCentre (HDTV) (Live)		
	410	403	52	SCR	RaceNight				(9:15) WWE Monday Night Raw				Score Tonight
	411	457	56	OLN	Exploration	Videos	The Amazing Race 7		Mantracker (N)		Departures		Pilot Guides
	417	406	59	SC	Pinks (HDTV)	Pass Time (N)	This Week in NASCAR (N)		101 Cars-Drive	Car Crazy	Barrett-Jackson		Pinks
family	554	544	48	TEL	George-Jungle	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	*Stan Lee Presents: Mosaic* (2007, Action)		
	557	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	The Next Star		Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach		Mystery Hnt.
cable variety	570	580	29	MM	mmmtop	NoseDive	Tip of Tongue	Tip of Tongue	Listed		I Know My Kid's a Star		Popaganda
	615	520	31	A&E	Intervention "Ryan"		Intervention "Tressa"		Intervention "Asa" (N)		Paranormal	Paranormal	The Cleaner
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scn
	521	560	34	TLC	Little People	Little People	Take Home Nanny (HDTV) (N)		Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Must Love
	145	761	35	TV5	Toute une histoire		Palais d'Europe		Palais d'Eu	Cartes	Passez au vert	Ville	Journal TV5
	616	521	39	SHO	ReGenesis (HDTV)		Cold Squad (Part 2 of 2)		Trailer Park	Billable Hours	Jekyll (N)		House
	620	523	40	BVO	Cirque du Soleil's Solstrom		Celia Franca: A Tour de Force		Eva: The Price of Passion		Anatomy of Burlesque		Law & Order
	520	505	42	DIS	Daily Planet		Blue Realm (N)		Really Big Things		Dirty Jobs Penguins.		Daily Planet
	575	583	43	CMT	CMT 4 Tracks	CMT 4 Tracks	Country Music Awards		Reba	Hope & Faith	Home Improve.	Roseanne	Dedicated
	601	562	45	SLC	End of Leash	Til Debt-Part	End of Leash	Spoiled Rotten	Wedding SOS	Party Mamas	The Millionaire Matchmaker		End of Leash
	625	548	46	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Jon Dore Show	Tom Green	Daily Show
	294	529	47	TBS	Family Guy	Family Guy	Friends	Friends	*Men in Black* ★★★ (1997, Comedy) Tommy Lee Jones.				Seinfeld
	600	564	49	H&G	House Hunters	Property Virgin	Design U	Home to Stay	Property Virgin	House Hunters	Location, Location, Location		Holmes-Homes
	627	528	50	SPC	Stargate SG-1		Star Trek: Voyager		Taken "Charlie and Lisa" (Part 6 of 10) (DVS)				Stargate SG-1
	581	566	53	MTV	MTV e2	Cribs	4REAL	Next	Super Sweet	Engaged	Living on Edge	Living on Edge	MTV Live
	618	524	54	TROP	Deal or No Deal Canada		ET Canada	What Happen?	X-Weighted "Jannette"		Are You Smarter		Deal-No Deal
	522	506	55	HIS	NCIS "Switch"		Servants of Evil		*Downfall* ★★★ (2004, Historical Drama) Bruno Ganz, Corinna Harfouch.				
	129	773	60	CD	Biographies (HDTV)		Hantise "Ensorcelée" (HDTV)		Images-chocs		Escrocs		Leçon d'anat
	261	394	61	V	Murder, She Wrote		Prime Minister	Watchtower	A Dream as Big		*The Terry Fox Story* ★★ (1983, Docudrama)		
	602	567	62	W	How Clean	How Clean	How Clean	House	Confidential	Divine Design	How Clean	Kim	House
	269	350	70	APTN	Mupu	Desti'Nations	APTN Indies	Riviere Magpie	*En quête de liberté* ★★★ (1992, Drame) Christine Lahti.				Beyond Words
	621	527	71	TLK	Look-A-Like	Hollywood	TMZ (N)	eTalk	Scott Baio 46	Old Skool	The Tonight Show-Jay Leno		eTalk
	603	561	95	FN	Road Grill	Licence to Grill	Restaurant Makeover		Good Eats	Perfection	Kitchen Nightmares		Restaurant

critics' corner

Downfall

At least someone had the guts to say she regretted working with Adolf Hitler. Seen through the eyes of his personal secretary, Traudl Junge, this 2004 drama focuses on the last 10 days of Hilter's life. Alexandra Maria Lara plays Junge, with Bruno Ganz as the dictator and Juliane Kohler as Eva Braun. 9 PM on 55 HIS

CSI: Crime Scene Investigation

Remember the miniseries "V"? We're guessing the episode title "Leapin' Lizards" came from the mind of someone who watched it. After a murder, the CSI team investigates several members of a UFO fan club. The suspects are convinced shape-shifting aliens have been trying to bring about the destruction of the human race for centuries. Yeah. One guess as to how much the science-minded team believes these guys. 8 PM on 32 SPKE

Sober Living
Comedian Andy Dick has reportedly signed up for Celebrity Rehab spin-off show Sober Living, in a bid to beat alcoholism. IMDB.COM

Celebrity Buzz

Hilton feels all grown up

RELATIONSHIPS "I just feel like a grown-up now."

That's Paris Hilton talking. The hotel heiress attributes her newfound maturity to her romance with musician Benji Madden and their more low-key lifestyle, People.com reports.

"I think my whole life I was kind of living as a teenager and not really taking responsibility," Hilton said. "Now I realize that I'm an adult and I'm running a huge company and I'm in love. I'm in a great relationship. I have my family. I'm just excited for life."

When the notion of tying the knot with Madden (whose brother Joel is the paramour of Nicole Richie) was broached, Hilton was cautiously optimistic.

"I don't know," she mused. "We're so in love and so happy right now and it's only been like six months. So we'll see what happens, but we're so in love and so happy and things have never been better. I finally have a nice guy."

The couple is also making music together in the studio. "We just wrote together," Hilton said. "I had a whole recording studio in my house and so we've been working there every night. "He helps me because he's an incredible writer and we're on the same wavelength," she said.

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

No more tattoos for Richie's man

BAN Nicole Richie has banned fiancé Joel Madden from getting another tattoo, femalefirst.co.uk reports.

The 26-year-old beauty, who has a six-month-old daughter Harlow with the Good Charlotte rocker, reportedly lost her temper when Madden told her he wanted an etching of their daughter on his tooth.

"Joel promised Nicole that he wouldn't get any more tattoos," a source said. "Then a friend suggested a tooth tattoo, which is a photo imprinted on a tooth. When Joel told Nicole he wanted to get their daughter Harlow's face tattooed on one of his front teeth, she shrieked, 'Absolutely not!'"

Madden has around 10 tattoos.

METRO NEWS SERVICES

Mills is impossible: Publicist

QUITTING Heather Mills' publicist Michele Elyzabeth has quit her job, declaring Heather "impossible" to work for, femalefirst.co.uk reports.

"After working for Heather Mills for four years, I have decided to cease representing her," Elyzabeth said, who claimed Mills called her stupid. "Since her divorce has become final, in my opinion, Heather has become an impossible person."

Elyzabeth, who claims she is owed money by the charity campaigner, also admits she can now understand the public perception of Mills.

"I have been very patient in my dealings with Heather, however, I cannot take anymore," Elyzabeth told the TV show Extra.

METRO NEWS SERVICES

celebrity briefs

Wahlberg devoted to family life

MARRIAGE With baby No. 3 on the way, Mark Wahlberg is committed to making his family life as successful as his film career — and that includes marrying longtime girlfriend Rhea Durham, People.com reports. The actor and Durham, 30, plan to have a formal wedding next summer after their baby is born.

METRO NEWS SERVICES

It's a girl for Chicks' Maguire

BABY NEWS Martie Maguire of the Dixie Chicks gave birth to a girl, Harper Rosie Maguire, on Friday in Austin, Tex., the musician announced. The baby is the third child for Maguire.

METRO NEWS SERVICES

Richards goes 'too far'

CUSTODY BATTLE Denise Richards went too far when she falsely accused her ex, Charlie Sheen, of molesting their daughters — and now Sheen will move for full custody of the kids by charging that their mother is a liar, PageSix.com reports.

Richards dragged Sheen into a Los Angeles courtroom early last week for a mysterious "emergency" child-custody hearing to screen videos of their girls, Sam and Lola, supposedly acting in strange and disturbing ways. Sheen's lawyers — who got the "evidence" dismissed — presented their own videos of the girls acting normally at his house.

"Denise's accusations were vile," a source said. "She was basically trying to say Charlie (manipulated) the kids and acted inappropriately with them. It's disgusting and totally untrue. Charlie is furious … Denise has really pushed it too far this time."

METRO NEWS SERVICES

Bello's bold move pays off

RELATIONSHIPS Actress Maria Bello is pleased she flirted with a hunky waiter at a family birthday party — because he soon became her boyfriend, imdb.com reports.

The Mummy: Tomb of the Dragon Emperor star was at a relative's birthday party, when she spotted a restaurant staff member who took her fancy.

And instead of gossiping about the hunk to friends, the determined star marched over and asked if he was single.

"I walked up and said, 'Can you take this cake and put a candle in it? And by the way, do you have a girlfriend?' " she tells New York gossip column Page Six.

"(And) from that night on, we've been together."

METRO NEWS SERVICES

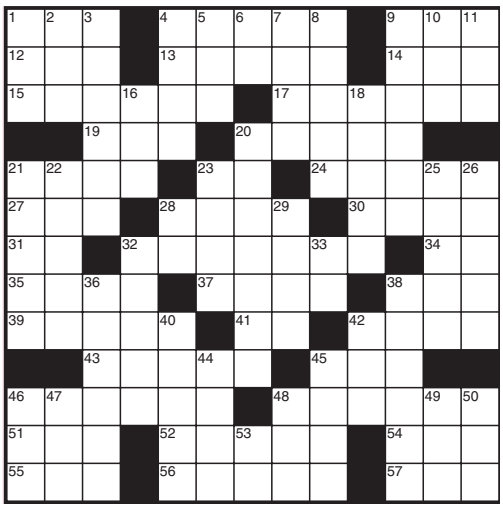
Publisher sues Foxy Brown, Lil' Kim

IN COURT Executives at a publishing company have launched legal action against Foxy Brown and Lil' Kim — accusing the rappers of failing to deliver books they were paid to write, femalefirst.co.uk reports. Lawyers for Simon & Schuster Inc. filed papers claiming Brown, whose real name is Inga Marchand, was paid $75,000 US to deliver a book on her life, titled Broken Silence, by February 2006. Lil' Kim, whose real name is Kimberly Jones, has been accused of taking $40,000 US for a novel which was due for completion in June 2004. After signing the book deals, both women were sent to prison. Jones was jailed for a year in 2005 for lying about a shooting, and Brown spent eight months in jail for violating her probation, stemming from a 2006 assault conviction. She was released in April.

METRO NEWS SERVICES

Heartbroken
Drew Barrymore's ex-boyfriend Justin Long has reportedly quit a role in the actress' directorial debut Whip It because he is still too raw from their split to work alongside her. IMDB.COM

Take Five



Crossword down

1 Links goal
2 Frothy brew
3 Rock plant
4 Defeat
5 Bratty kid
6 Okefenokee loc.
7 Units of resistance
8 Tracks
9 Debacle
10 Joule fraction
11 Mark of Zorro
16 Alley from Moo
18 Brooklyn Dodger great
20 Type of board
21 Gauges
22 Finance
23 Be, to Henri
25 Pickpocket
26 Famed conductor Georg —
28 Cafe — lait
29 Cleopatra's wooer
32 End-of-year temp
33 Not you
36 In the phone book
38 Snafus (hyph.)
40 Applies gold leaf
42 Watch pocket
44 Pond dweller
45 Tan
46 "When We Was —"
47 Turmoil
48 Playful bark
49 Compost
50 Educational org.
53 Three-toed sloth

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Crossword across

1 Good buddy
4 Harshness
9 City in Morocco
12 Spinks defeater
13 Insurance center
14 Testiness
15 Win back
17 Lake in a desert
19 Faucet word
20 Ocean sightings
21 Mysterious
23 Hosp. unit
24 Splinter groups
27 Hostel
28 Quark's home
30 London district
31 Teaser
32 Smith or Jones
34 Peoria's st.
35 Kinks' tune
37 Limerick locale
38 Bumped into
39 Big Band music
41 Raleigh's st.
42 Poodle name
43 Itch
45 Kind of kite
46 Femme —
48 Hair colour
51 Juice-based drink
52 Elf
54 Edgar Allan —
55 Slangy physique
56 Fail to tip
57 Depot (abbr.)

previous day's answer

I	L	K			O	P	T		S	H	U	T
S	I	A	M		I	R	A		P	E	S	O
M	A	Y	A		L	O	U		R	E	E	L
	R	O	C	K	E	D		F	A	L	S	E
			A	I	D		L	O	W			
A	K	R	O	N		E	A	R	L	I	E	R
Y	O	U			D	R	Y			R	Y	E
E	A	G	E	R	E	R		J	U	K	E	D
			P	A	L		T	O	N			
A	M	B	I	T		S	U	N	S	E	T	
F	O	O	L		F	E	N		E	B	A	Y
A	N	N	O		R	A	E		R	O	L	E
R	A	N	G		O	R	D			N	E	W

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Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A notorious cheater settles a debate. Ignore apathy and stand by your original plan. Spontaneity inspires the kissing of someone.

TAURUS
APRIL 21-MAY 21
Pushing ideas on a scared man is stupid. There's no reason to fix anything that isn't broken. Shocking behaviour isn't acceptable.

GEMINI
MAY 22-JUNE 21
An awkward man is the master of love. Snoozing becomes a source of irritation. Present your ideas with passion.

CANCER
JUNE 22-JULY 22
Getting special treatment is an act of justice. Be indulgent with a peer. A surprising offer will be made.

LEO
JULY 23-AUG 23
Respect is the result of an encounter. Your charisma won't win you the job you deserve. Don't get caught up in confrontations.

VIRGO
AUG 24-SEPT 22
Something useless will be discarded. Confide your wishes to a trusted friend. Your ability to understand will reach new heights.

LIBRA
SEPT 23-OCT 23
Knowledge of consequences adds depth to relationships. Share funny things with cuddle bunnies. Revise a solution to a problem.

SCORPIO
OCT 24- NOV 22
Intense happiness will be felt on a new path. Your heart will alter your love life abruptly. A homebody is avoiding doing chores.

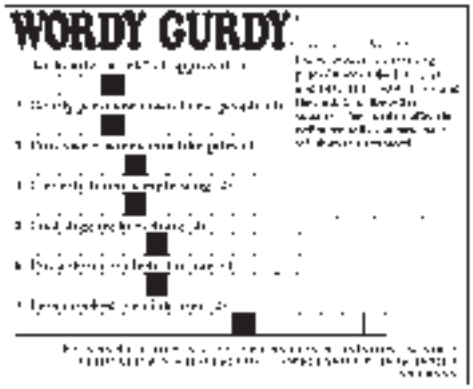
SAGITTARIUS
NOV 23- DEC 21
Love blooms for a troubled person. A relative saves the day. Offer an invitation to a truthful female.

CAPRICORN
DEC 22-JAN 20
Self-assurance makes a difference in a lover. A childhood trauma is called to mind. A tiny female gives wise instructions.

AQUARIUS
JAN 21-FEB 18
An innocent man will confuse you. Last minute rewards come before bedtime. Take your place in somebody's loving heart.

PISCES
FEB 19-MAR 20
A champion is caught in an act of kindness. Free yourself from a horrible situation. You're lucky because of your daydreams.

WORDY GURDY



INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

6	9	3	5	1	4	8	2	7
7	5	2	9	3	8	1	6	4
8	1	4	6	7	2	9	5	3
2	3	1	7	8	5	4	9	6
9	6	8	2	4	3	5	7	1
4	7	5	1	6	9	3	8	2
1	4	9	8	2	7	6	3	5
3	8	7	4	5	6	2	1	9
5	2	6	3	9	1	7	4	8

SOLVE TIME IN MINUTES:
Under 13 . . . . . Genius
13-17 . . . . . Scholar
17-21 . . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practicing

6		8				7		5
	5	3	8		2	9	1	
4								6
			2		4			
	7			1			8	
			7		9			
1								8
	8	2	9		3	6	7	
3		4				5		2

Ottawa weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Tuesday	Wednesday	Thursday
40%				40%
Showers. 24°	Partly cloudy. 16°	Variable. 25°/ 13°	Variable. 24°/ 14°	Showers. 24°/ 14°

Temperature Normals
High: 26.4°
Low: 15.5°

Records
High: 35°/1949
Low: 9.4°/1971

Sunrise: 5:43 a.m.
Sunset: 8:34 p.m.
Moonrise: 12:58 a.m.
Moonset: 5:47 p.m.

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12:15 - 1:15 p.m. (lunch provided)
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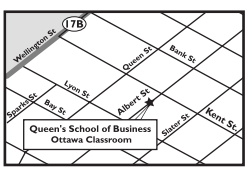

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